



Academy of Creative Training
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ACT Acting English – Example Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.30-9.45am	Physical Warm Up				
9.45-10.45am	Welcome & Introduction	Movement: The Body Speaks Body Language & Communication	Movement: Reading the Body – What Language is Your Body Speaking?	Movement: Telling the Story- Physical Theatre	Final Presentation Rehearsal
10.45-11.00am	Break				
11.00–11.15am	Vocal Warm Up				
11.15am-1.00pm	An Introduction to Your English Voice	Voice: Pronunciation, Stress & Intonation	Voice: Muscularity & Articulation	The Actor's Voice: Resonance & Projection	Final Presentation Rehearsal
1.00-2.00pm	Lunch				
2.00–3.30pm	Acting Technique & Improvisation	Working with Text	Working with Text	Acting Technique & Improvisation	Final Presentation Rehearsal
3.30-3.45pm	Break				
3.45-5.15pm	Acting Technique & Improvisation	Acting Technique & Improvisation	Working with Text	Working with Text	Final Presentation Rehearsal
5.15-5.30pm	Plenary Session	Plenary Session	Plenary Session	Plenary Session	6pm Script in Hand Performance